



Planning for change: Educators

Use this form to outline supports the school can provide for a student when there is a change in the usual routine at school.

Student's name:

Teacher's name:

Planning for changes in routine

These are some of the different occasions that occur at our school.

The occasions may involve: [check all that apply]

- Change of location
- Change of teacher, or unfamiliar adults in the classroom
- Crowds
- Outdoor events
- Loud or sudden noises
- Bright or harsh lighting
- Transitions to new locations
- Prolonged seating
- School performances or assemblies
- Maintenance works (building or groundskeeping activities)
- Other:

These behaviours suggest the student may need some extra support during these times.

Planning for changes in routine

How the student communicates their needs at these times.

Strategies we can use at school to help the student in these situations.

Some strategies for home that could help the student prepare for these events.

Other suggestions.



Resources for educators: <https://studentwellbeinghub.edu.au/educators/starting-school>