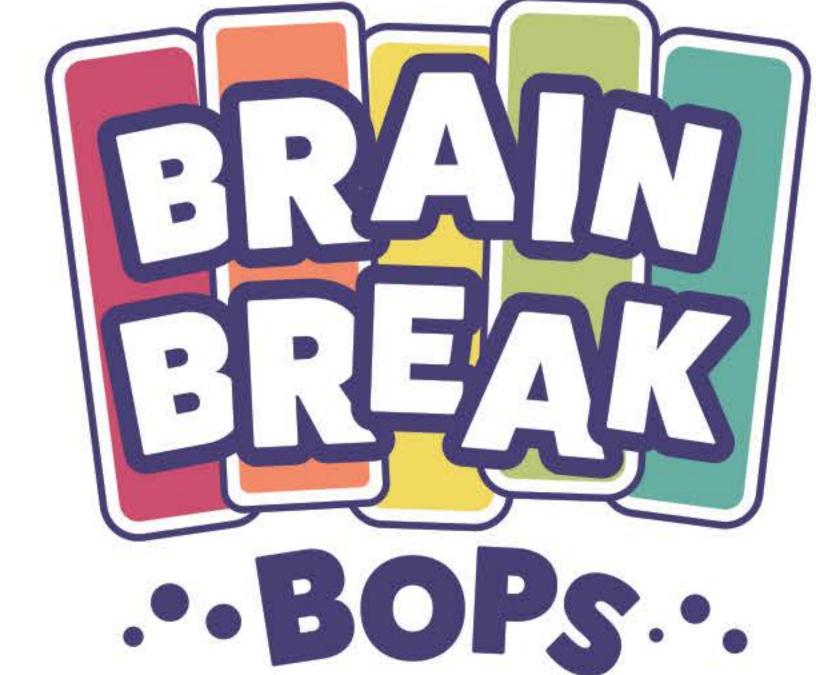
Dealine

Focusing on your breath





Follow the Deep breathing video Student Wellbeing Hub bit.ly/brain-break-bops



