

CARE FOR YOU, CARE FOR ME

YEARS F-1

Aim

Students will learn about practical ways to show they care for others.

Description

A great school is a caring school! It is important that all of our students learn how to take care of their own safety and happiness at school, as well as how they can help the safety and happiness of others.

Resources

Puppet characters for all the class

Poster paper to record student ideas

Activity steps

1 When we care

Ask the students to think about what we mean when we say we take care of others. Student ideas may include:

- Looking after people
- Helping people do things.

We can show we care for others at the school too. Ask the class about the times when we care for others at school.

- What words do we use when we are showing that we care for someone?
- What could we do to show we care for someone at school?

Record all the ideas either on a whiteboard or a poster.

You might ask the students to cut out from magazines pictures of people caring for each other. Show a number of pictures to the class and ask:

- What is happening and how are the people showing that they care for each other in this picture?
- What are the people feeling or thinking about inside?
- What might they be saying?
- How might they feel if no one cared?



2 Making plays about caring

Divide students into pairs for the next activity.

Students are given a puppet each. Students will use the puppets to act or play out what they can see in the picture.

Students in their pairs can take a turn to be the person who shows care and the person who is cared for in the picture.

Ask for some pairs of students to show their picture and their small play to the rest of the class.

At the conclusion of each play, ask the student presenters/actors:

- How did you feel caring for another person?
- How did you feel having someone show care to you?

Record this for the class on another poster.

3 What happens if we don't show we care?

Ask student pairs to act out with their puppets what might happen if no care is shown in their play.

Students can take turns to be the person who shows no care and the person who doesn't have care in the picture. Think of some of things both people might say or do to show this.

4 Reflection

Ask students to think about their two puppet plays. Which of their plays had the most people feeling good about themselves and others?

Reiterate to the class that showing care can be good for everyone. Ask if students were just walking past and saw someone taking care of someone, what might be their feelings?