

Australian Student Wellbeing Framework and you

Exploring the Framework with your students: Years 3–6

Aim

To have students explore the five elements of the Australian Student Wellbeing Framework through explicit teaching.

Teaching

Introduce the Australian Student Wellbeing Framework as a document that shows what schools can work on to improve wellbeing and safety for students.

Show students each of the elements and associated icons in the Australian Student Wellbeing Framework.

Ask students to brainstorm what each element might mean.

Explain each element by providing age-appropriate examples of each element working well in the school.

Explain that everyone can be a leader of wellbeing and safety.

Learning activities

How could you be a leader for wellbeing and safety in our school?

Working with a buddy or in small groups, select one element and create a poster to promote wellbeing and safety.

Curriculum links

Links could be made to: Personal and Social Capability, Critical and Creative Thinking, Ethical Understanding, English, Health and Physical Education, Humanities and Social Sciences, The Arts.

Follow-up activities

Display posters in appropriate places around the school.

Students could share and explain their posters at a staff or parent meeting.