

## **Anxiety in Autistic students**

## **<u>Student Wellbeing Hub</u>** webinar presented by Dr Kathryn Ambrose

Held on August 14, 2025

## Reference list

- Adams, D., Simpson, K. and Keen, D. (2020), Exploring anxiety at home, school, and in the community through self-report from children on the autism spectrum.

  Autism Research, 13. 603-614. https://doi.org/10.1002/aur.2246
- Adams, D., Young, K., Simpson, K., & Keen, D. (2018). Parent descriptions of the presentation and management of anxiousness in children on the autism spectrum. *Autism*, *23*(4), 980-992. <a href="https://doi.org/10.1177/1362361318794031">https://doi.org/10.1177/1362361318794031</a>
- Ambrose, K., Simpson, K., & Adams, D. (2022). The impact of anxiety on the participation of children on the autism spectrum. *Journal of Autism and Developmental Disorders*, *52*(7), 2958–2969. <a href="https://doi.org/10.1007/s10803-021-05162-x">https://doi.org/10.1007/s10803-021-05162-x</a>
- Ambrose, K., Simpson, K., & Adams, D. (2024). Using Q-sort method to explore autistic students' views of the impacts of their anxiety at school. *Autism*, 28(10), 2462-2477. https://doi.org/10.1177/13623613241231607
- Ben-Sasson, A., Cermak, S., Orsmond, G., Tager-Flusberg, H., Carter, A., Kadlec, M., & Dunn, W. (2007). Extreme sensory modulation behaviors in toddlers with autism spectrum disorders. *Am J Occup Ther*, *61*(5), 584–592. https://doi.org/10.5014/ajot.61.5.584
- Bronfenbrenner, U. (1994). Ecological Models of Human Development. In *International Encyclopedia of Education* (2 ed., Vol. 3). Oxford: Elsevier.
- Green, S.A. & Ben-Sasson, A. (2010). Anxiety disorders and sensory over-responsivity in children with autism spectrum disorders: Is there a causal relationship? *J Autism Dev Disord 40*, 1495–1504. https://doi.org/10.1007/s10803-010-1007-x
- Hochhauser, M., & Engel-Yeger, B. (2010). Sensory processing abilities and their relation to participation in leisure activities among children with high-functioning autism







- spectrum disorder (HFASD). Research in Autism Spectrum Disorders, 4(4), 746-754. https://doi.org/10.1016/j.rasd.2010.01.015
- Kerns, C. M., Kendall, P. C., Berry, L., Souders, M. C., Franklin, M. E., Schultz, R. T., Miller, J., & Herrington, J. (2014). Traditional and atypical presentations of anxiety in youth with autism spectrum disorder. *Journal of Autism and Developmental Disorders*, 44(11), 2851–2861. https://doi.org/10.1007/s10803-014-2141-7
- Kerns, C. M., Winder-Patel, B., Iosif, A. M., Nordahl, C. W., Heath, B., Solomon, M., & Amaral, D. G. (2020). Clinically significant anxiety in children with autism spectrum disorder and varied intellectual functioning. *Journal of Clinical Child & Adolescent Psychology*, 50(6), 780–795. https://doi.org/10.1080/15374416.2019.1703712
- Micai, M., Fatta, L. M., Gila, L., Caruso, A., Salvitti, T., Fulceri, F., Ciaramella, A., D'Amico, R., Del Giovane, C., Bertelli, M., Romano, G., Schünemann, H. J., & Scattoni, M. L. (2023). Prevalence of co-occurring conditions in children and adults with autism spectrum disorder: A systematic review and meta-analysis. *Neuroscience and Biobehavioral Reviews*, *155*, 105436. https://doi.org/10.1016/j.neubiorev.2023.105436
- Rodgers, J., Goodwin, J., Garland, D., Grahame, V., Isard, L., Kernohan, A., ... & Freeston, M. (2022). Coping with uncertainty in everyday situations (CUES©) to address intolerance of uncertainty in autistic children: an intervention feasibility trial. *J Autism Dev Disord* 53, 3460–3474. https://doi.org/10.1007/s10803-022-05645-5
- Rodgers, J. & Oldfield, A. (2018). Understanding, recognising and treating co-occurring anxiety in autism. *Curr Dev Disord Rep 5*, 58–64 (2018). https://doi.org/10.1007/s40474-018-0132-7
- Salehi, M., Jaka, S., Lotfi, A., Ahmad, A., Saeidi, M., & Gunturu, S. (2025). Prevalence, socio-demographic characteristics, and co-morbidities of autism spectrum disorder in US children: insights from the 2020–2021 National Survey of Children's Health. *Children*, 12(3), 297. <a href="https://doi.org/10.3390/children12030297">https://doi.org/10.3390/children12030297</a>
- Simpson, K., Adams, D., Alston-Knox, C., Heussler, H. S., & Keen, D. (2019). Exploring the sensory profiles of children on the autism spectrum using the Short Sensory Profile-2 (SSP-2). *Journal of Autism and Developmental Disorders*, 49(5), 2069-2079. https://doi.org/10.1007/s10803-019-03889-2







Williams, K. L., Campi, E., & Baranek, G. T. (2021). Associations among sensory hyperresponsiveness, restricted and repetitive behaviors, and anxiety in autism: An integrated systematic review. *Research in Autism Spectrum Disorders*, 83, 101763. https://doi.org/10.1016/j.rasd.2021.101763

## Resources

- Advocating for Children with Disability: <a href="https://www.acd.org.au/">https://www.acd.org.au/</a>
- Reframing Autism: <a href="https://reframingautism.org.au/">https://reframingautism.org.au/</a>
- Aspect: <a href="https://www.aspect.org.au/">https://www.aspect.org.au/</a>
- Yellow Ladybugs: <a href="https://www.yellowladybugs.com.au/">https://www.yellowladybugs.com.au/</a>
- I Can network: <a href="https://icannetwork.online/">https://icannetwork.online/</a>
- Sandhya Menon <a href="https://www.onwardsandupwardspsychology.com.au/">https://www.onwardsandupwardspsychology.com.au/</a>



