



**FEELINGS CHART
GAMBANA**

G	Give respect
A	Always care
M	Make fun + play
B	Be strong
A	Always sharing
N	Now + always connected
A	Altogether learning

5		<p>Out of control</p> <p>Really mad</p>
4		<p>Upset</p> <p>Really sad</p>
3		<p>Irritated</p> <p>A little bit mad</p>
2		<p>Happy</p> <p>Really good</p>
1		<p>Calm</p> <p>Good</p>

Emoji cards adapted, with thanks from [Early Years: Northern Territory Social and Emotional Learning Supplementary Resources.](#)