

Australian Student Wellbeing Framework and you

Exploring the Framework with your students: Years 7–10

Aim

To have students explore the five elements of the Australian Student Wellbeing Framework through explicit teaching.

Teaching

Introduce the Australian Student Wellbeing Framework as a document that shows what schools can work on to improve wellbeing and safety for students.

Read about the elements and principles.

Learning activities

Discuss each element with a partner. What does each one look like in our school?

In small groups take one element (make sure all are covered) and find out how well the school is going.

- How will you find out?
- Who will you ask?
- What will you observe?
- How will you document what you find out?

Use the findings to develop a plan to take action to improve your element at our school.

Curriculum links

Personal and Social Capability, Critical and Creative Thinking, History and Social Sciences, Mathematics, English.

Follow-up activities

Display posters in appropriate places around the school.

Students could share their findings and explain their proposed actions at a staff or parent meeting.