

Getting ready for school in the morning

[Insert photo/picture]

[Insert photo/picture]

In the morning I wake up.

[Insert photo/picture]

I eat breakfast.

[Insert photo/picture]

I brush my teeth.

[Insert photo/picture]

I get dressed.

**I put on my uniform, and my
socks and shoes.**

**I can ask an adult for help,
and that is OK.**

[Insert photo/picture]

I put on my sunscreen.

**I can ask an adult for help,
and that is OK.**

[Insert photo/picture]

I pack my school bag.

I put my lunch box and my drink bottle in my bag.

I put my school hat on my head.

[Insert photo/picture]

**Then I carry my school bag
to school.**

[Insert photo/picture]

I get to school.

**I see other children getting
to school too, and I see some
children playing.**

[Insert photo/picture]

I put my school bag where it goes.

**I might say hello to my teacher
and my teacher says hello to me.**

[Insert photo/picture]

**I say goodbye to my family and
stay with my teacher.**

My teacher is here to help me.

I am safe and cared for at school.

[Insert photo/picture]

I am at school!

**I did a good job getting ready
for school.**

I am now ready to learn.

Starting school: Resources to support primary school students on the autism spectrum



Student Wellbeing Hub



Education
Services
Australia



Resources for families: <https://studentwellbeinghub.edu.au/parents/topics/autism-families/starting-school/>