

Australian Student Wellbeing Framework Walk-through Hub webinar series

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Acknowledgement of country

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Student Wellbeing Hub

Session outline

- What *is* the Australian Student Wellbeing Framework?
- Background to the Framework
- Why a focus on 'wellbeing'?
- The Framework in detail
- Embedding the principles and practices of the Framework – in your school context

What is the Australian Student Wellbeing Framework?

- A national, foundational document that provides Australian schools with a set of guiding principles to support school communities to build positive learning environments.
- Endorsed by Ministers of Education through Education Council with input from all states and territories, education authorities and a range of national and international experts.
- Aligns to states and territories and other national wellbeing and safety initiatives
- Aligns to the Australian Curriculum and the Australian Professional Standards for Teachers and Principals

“Australia is unique in having a national gold-standard framework for whole-school wellbeing and safety...the envy of many other countries.”

Professor Barbara Spears

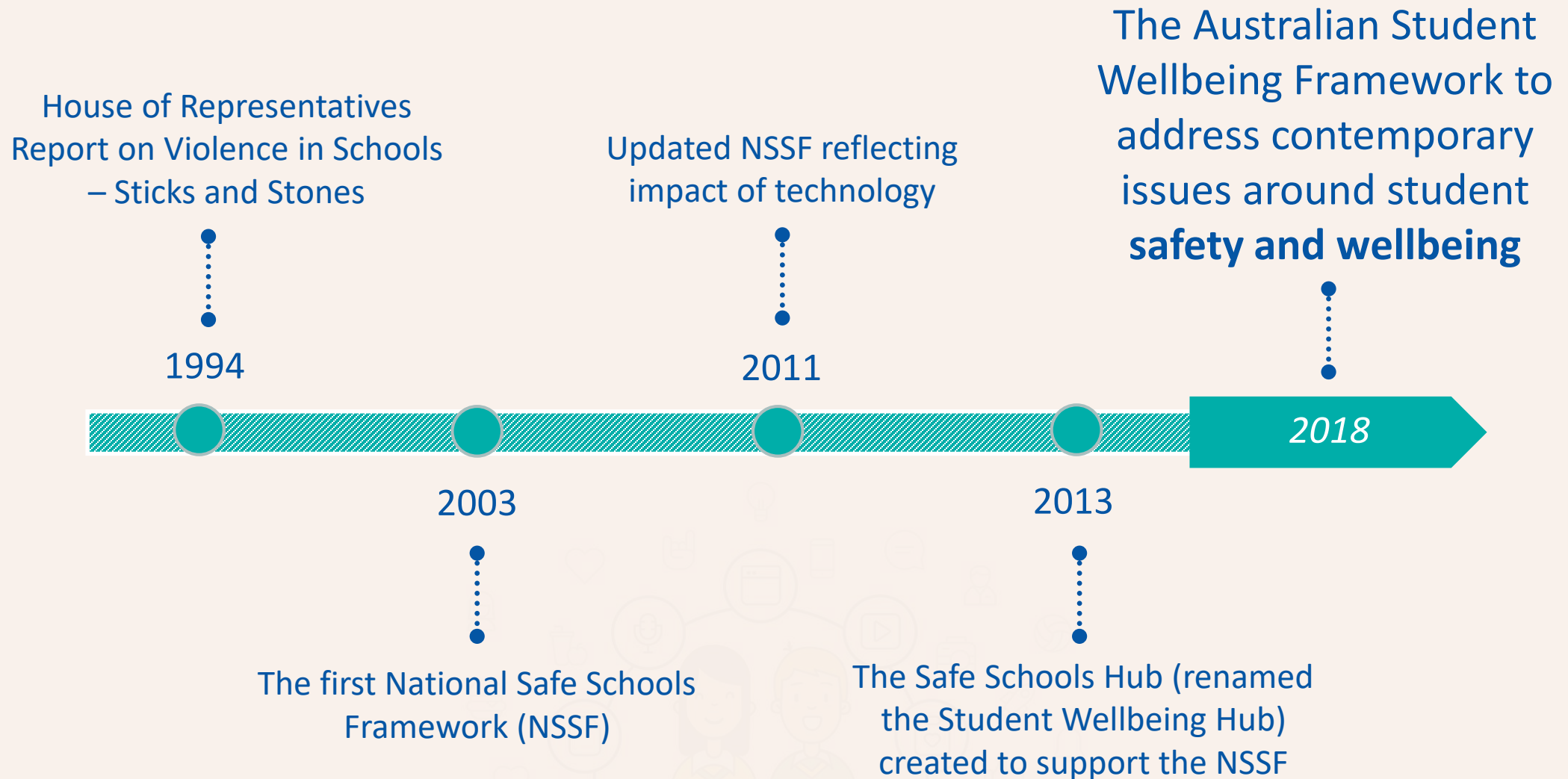
The Australian Student Wellbeing Framework



Australian Student Wellbeing Framework snapshot



How did we get here? Background to the Framework



The Review of the National Safe Schools Framework 2017-2018



Consultation and Research



Review and Refinement



Emerging Framework



Emerging themes from the Review

-➤ Wellbeing and Safety
-➤ Technology
-➤ Social/School Connectedness
-➤ Relationships & Respect
-➤ Help Seeking
-➤ School Climate
-➤ Whole School Approaches
-➤ A Tiered Approach
-➤ Best Practice Teaching





PRIME MINISTER

MINISTER FOR EDUCATION

Dear parents, carers and the school community,

Keeping our children safe is a shared responsibility. Schools, governments at all levels, the Australian community and, first and foremost, parents take this obligation seriously.

As parents, we know that it can be challenging to raise children today in a world where risks to safety can appear not only on the street but online. And it is not always easy to navigate when the online world can have real world physical and mental health impacts.

That is why our Government has developed resources to empower parents (and schools) to protect children and prepare them to be resilient, responsible and respectful adults:

- www.esafety.gov.au – resources that promote online safety including tackling image-based abuse and a complaints service for young Australians who experience serious cyberbullying.
- www.studentwellbeinghub.edu.au – support for students, parents and teachers to create a learning environment that promotes student wellbeing and the development of respectful relationships.

You can also visit www.bullyingnoway.gov.au for education and advice for kids, parents and schools on how to combat and respond to bullying.

Whatever age your kids, it is never too late to make changes to improve their welfare. With the fresh start that a new school year brings we encourage you to use these resources for practical advice on keeping your family safe and well through the year.

Yours sincerely

SCOTT MORRISON

DAN TEHAN



Start of school year
~ 10,000 schools across Australia received this package



Student Wellbeing Hub

www.studentwellbeing.edu.au

Why a focus on wellbeing?

- Evidence - strong link between safety, wellbeing and learning.
- Research tells us that young people who feel *safe, connected and secure*, and have *positive, loving and trusting relationships*, are more likely to be active participants in their learning and to achieve better physical, emotional, social and educational outcomes.
- Wellbeing and learning go hand in hand. When children experience *learning success*, their *wellbeing is further enhanced*. High levels of *wellbeing* promote *learning success*.



The Framework in detail

- 5 interconnected Elements
- 5 Principles
- 5 Effective Practices for each Element



The Elements, Principles, Effective Practices



LEADERSHIP

Element: Leadership

Principle: Principals and school leaders play an active role in building a positive learning environment where the whole school community feels included, connected, safe and respected.

Effective Practice: Collaboratively develop whole school policies, plans and structures for protecting the safety and wellbeing of staff, students and families.

The Elements, Principles, Effective Practices



INCLUSION

Element: Inclusion

Principle: All members of the school community are active participants in building a welcoming school culture that values diversity, and fosters positive, respectful relationships.

Effective Practice: Respect the diversity of the school community and implement proactive strategies in order to build a cohesive and culturally safe school.

The Elements, Principles, Effective Practices



STUDENT VOICE

Element: Student Voice

Principle: Students are active participants in their own learning and wellbeing, feel connected and use their social and emotional skills to be respectful, resilient and safe.

Effective Practice: Provide opportunities for authentic student decision-making over matters that affect them.

The Elements, Principles, Effective Practices



PARTNERSHIPS

Element: Partnerships

Principle: Families and communities collaborate as partners with the school to support student learning, safety and wellbeing.

Effective Practice: Build links with community organisations, services and agencies to assist schools in the early identification of need and to collaboratively plan targeted support for all students and families, including those from vulnerable groups.

The Elements, Principles, Effective Practices



SUPPORT

Element: Support

Principle: School staff, students and families share and cultivate an understanding of wellbeing and support for positive behaviour and how this supports effective teaching and learning.

Effective Practice: Embed wellbeing and positive behaviour support strategies that are evidence-informed, promote resilience and align with the needs of the school community.

Effective Practices common across all Elements

Ongoing, targeted professional learning to:

- build capacity to support consistent implementation of the school's plan for wellbeing and support
- enhance the social, emotional and learning outcomes for students
- promote staff wellbeing and to support the specific needs of parents and families

Regular monitoring, reviewing, evaluating safety and wellbeing approaches, policies, programs to:

- make informed decisions about wellbeing initiatives

How the Student Wellbeing Hub can support you

Free professional learning courses

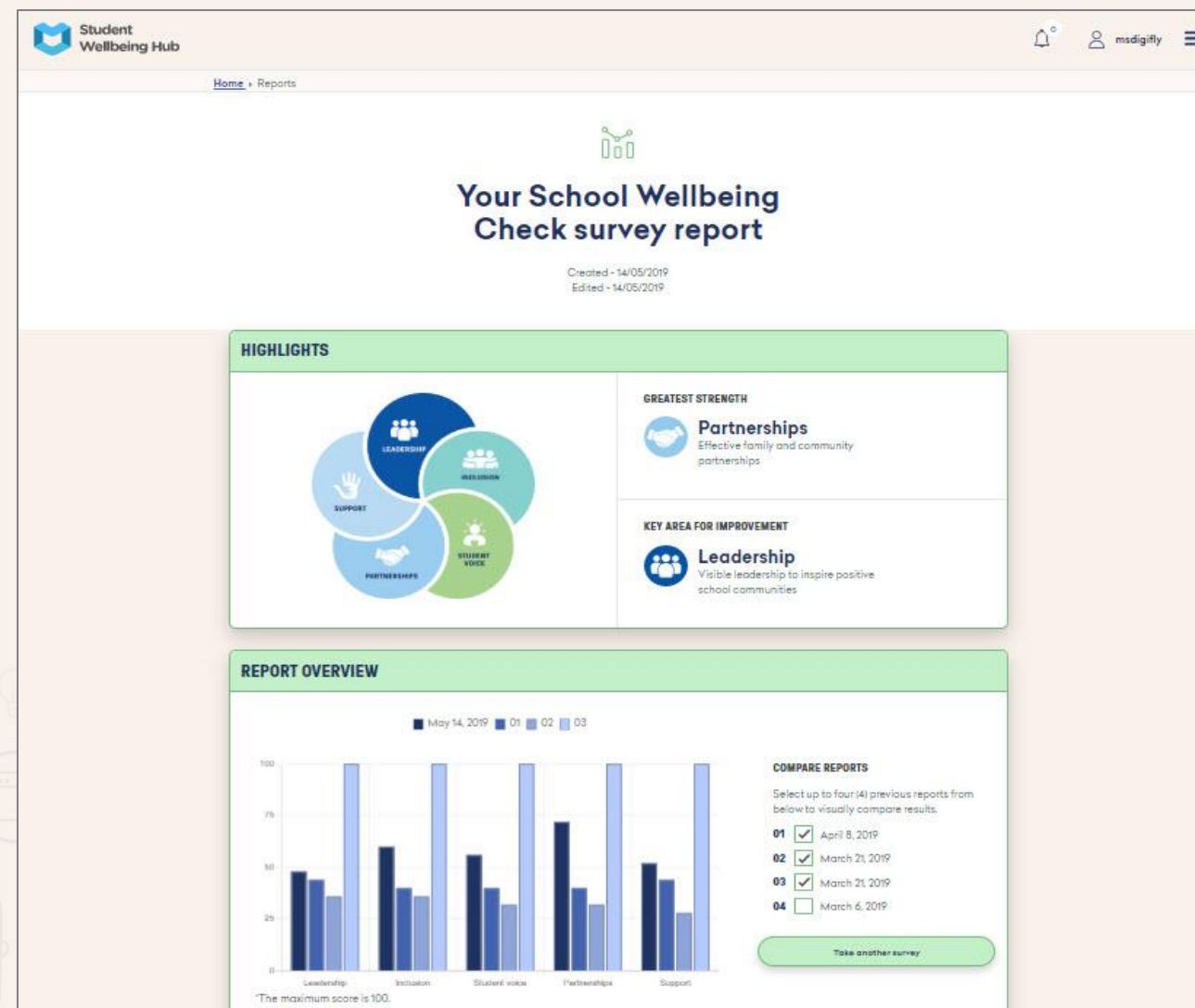
- ❑ Resilient and inclusive classrooms
- ❑ Online Safety
- ❑ Alcohol and drug education
- ❑ The Australian Student Wellbeing Framework
- ❑ Evaluation Starter Kit

“Self-paced courses like these build understanding of how to approach new or complex topics.”

School Wellbeing Check

A tool to check the 'health' of your school's wellbeing

- a simple survey based on the Framework
- generates a report showing areas of strength
- diagnoses areas needing more attention
- provides support and practical resources



How the Student Wellbeing Hub can support you

Topics with age-appropriate resources for Primary and Secondary to explore for whole-school wellbeing aligned to the Framework elements including:

- ☐ Respectful relationships for identified groups
- ☐ Mental and physical wellbeing
- ☐ Bullying Prevention
- ☐ Online Safety
- ☐ Responsible decision-making
- ☐ Diversity and Inclusion

“Great to find classroom resources I can use to explore these important topics.”

How the Student Wellbeing Hub can support you

Evidence and research

- ❑ Wellbeing surveys
- ❑ Podcasts
- ❑ Illustrations of Practice
- ❑ Anti-bullying strategies
- ❑ The Hub webinar series
- ❑ Respectful relationships research

“There’s never enough hours in the day so listening to podcasts and checking out videos of what other schools are doing is perfect for me.”

Questions?

Comments?

Feedback?

We'd love to hear from you

- **via the webinar feedback questions**
- **via the Student Wellbeing Hub email**



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