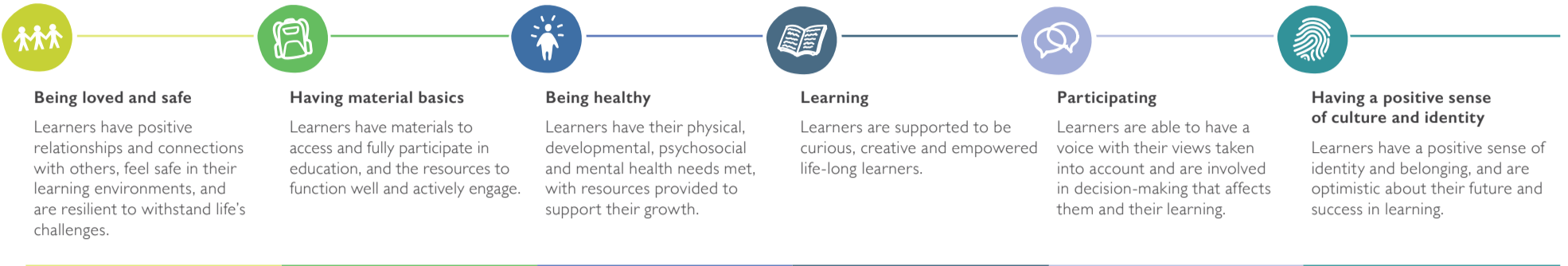


Our approach to wellbeing

DEPARTMENT OF EDUCATION WELLBEING OBJECTIVES



THE NEST WELLBEING DOMAINS

TASMANIAN DESCRIPTORS FOR CHILD AND YOUTH WELLBEING



Being loved and safe

- Have a safe, stable and supportive home environment
- Feel safe, secure and protected at home and in the community
- Feel valued and respected
- Have positive, trusted relationships with other people
- Have a voice and the ability to raise concerns and have these concerns addressed



Having material basics

- Have access to adequate, stable housing
- Have access to nutritious food and clean water
- Have access to education and training materials
- Have access to adequate clothing and footwear
- Have access to materials to support participation in activities
- Have access to adequate heating and cooling



Being healthy

- Are mentally and physically healthy
- Are emotionally well, happy and supported
- Are as physically active as they can be
- Have access to appropriate health and care services
- Are immunised



Learning

- Are attending and engaging in education, training or employment
- Are participating in early childhood education
- Are developing literacy and numeracy skills appropriate to age
- Are supported to learn by their caregiver and education providers
- Receive assistance for additional needs



Participating

- Are engaging with peers and community groups
- Are taking part in organised activities, including sport
- Are an active participant in their own life; including being able to have a say and have their opinion heard and valued
- Have access to and use technology and social media



Having a positive sense of culture and identity

- Can find out about family and personal history and are supported to connect positively with their culture
- Feel like they belong
- Have a positive sense of self-identity and self-esteem
- Are in touch with cultural or spiritual practices and have these practices valued and respected